District staff shall notify the counselor and/or building principal of any known change in a student's mental, emotional, or physical health or well-being using Form 507F. For the purposes of this policy:

- 1. Mental health shall mean the state of health of somebody's mind;
- 2. Emotional health shall mean a person's ability to cope with and be aware of their own emotions, both positive and negative;
- 3. Physical health shall mean the condition of a person's body and the extent to which it is free from illness or is able to resist illness; and
- 4. Well-being shall mean a person's sense of feeling healthy and happy.

The counselor and/or building principal shall notify the student's parent/guardian regarding this change and document their attempts to do so using Form 507F.

District staff shall encourage students to discuss issues related to the student's well-being with the student's parent/guardian. At the request of the student or parent/guardian the counselor and/or building principal or their designee shall attempt to facilitate discussion of the student's wellbeing between the student and the parent/guardian.

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Procedure History Promulgated on: 9/11/2023 Revised on: Reviewed on: